



# MERTON INTERMEDIATE SCHOOL Lunch Menu

# OCTOBER 2016



\*The price of each meal is \$3.15, milk is an additional \$0.10.  
\*A meal consists of 2-3 sides (1/2 cup each serving), each additional side is \$0.75 extra.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3 Grilled Cheese</b> Mixed Vegetables Popeye Salad Tomato Soup Fruit Choice	<b>4 Chicken Nuggets</b> Green Beans Baby Carrots Dinner Roll Fruit Choice	<b>5 Lots-O-Tots</b> Spanish Rice Romaine Lettuce Tomatoes Pinto Beans Kiwi <b>FP</b>	<b>6 French Toast Sticks</b> Scrambled Eggs Tater Tots Cucumbers Fruit Choice	<b>7 Pizza Dippers w/Marinara</b> Tossed Veggie Salad Broccoli Fruit Choice
<b>10 Chicken Fajitas</b> Cornbread Romaine Lettuce Diced Tomatoes Salsa Fruit Choice	<b>11 Meatball Sub</b> Steamed Corn Cucumbers Fruit Choice	<b>12 Chicken Fried Rice</b> Orange Glazed Carrots Fresh Broccoli Fruit Choice	<b>13 Beef Nachos</b> Romaine Lettuce Diced Tomatoes Tortilla Pinto Beans w/ Salsa Fruit Choice	<b>14 Mini Corn Dogs</b> Garden Salad Tater Tots Fruit Choice
<b>17 French Toast Sticks</b> Scrambled Eggs Tater Tots Cucumbers Fruit Choice	<b>18 Beef Pasta Bake</b> Romaine Salad Green Beans Fruit Choice	<b>19 Ham &amp; Cheese Melt</b> Baby Carrots Cheesy Broccoli Fruit Choice	<b>20 Chicken Tacos</b> Spanish Rice Pinto Beans Romaine Lettuce Tomatoes Fruit Choice	<b>21 Mustang Bacon Cheeseburger</b> Romaine Salad Baked Fries Fruit Choice
<b>24 Chicken Burrito</b> Mexi-corn Salsa Refried Beans Fruit Choice	<b>25 Pulled Pork Sandwich</b> Sweet Potato Waffle Fries Cucumbers Fruit Choice	<b>26 Corn Dog</b> Popeye Salad Italian Vegetables Fruit Choice	<b>27 No School</b>	<b>28 No School</b>
<b>31 Pizza Dippers w/Marinara</b> Tossed Veggie Salad Broccoli Fruit Choice			Kiwis were named after a bird that lives in New Zealand (near Austrailia) 	

**Specials**

Our menu attempts to incorporate many favorites including chicken nuggets with the classics such as Mom's Meatloaf.

Try new cultural cuisines at our **World Flavors** station featuring dishes from around the world!

**The Grille**

**Daily Grille Items**

Hamburger  
 Cheeseburger  
 Chicken Patty  
 Hot Dog  
 Grill Item of the Day

**The Deli**

**Subs & Wraps**

Made to order **Fresh** the way you want it!

**Bravo**

**A Handmade Pizza Pizzeria Pizza Sold by the Slice**

**World Flavors Menu:**

**Monday:** Chicken Alfredo

**Tuesday:** Beef Burrito

**Wednesday:** Greek Salad w/ Chicken

**Thursday:** Sweet & Sour Chicken

**Friday:** Burger Bar

*A'viands*

**Menu Key:** **FP** = Fresh Pick

\*Menu items subject to availability. \*Milk is not included in Meal or Entrée Prices.